

Halstead Road Runners Lamarsh Village Hall Trail Run - Sunday 25th March 2018

Position	Name	Club	Miles	Time out	Time in	Total time
1	Simon Ferguson	Mid-Essex Casuals	6	10:30:00	11:21:45	00:51:45
2	Lucy Ferguson	Mid-Essex Casuals	6	10:30:00	11:21:45	00:51:45
3	William Ferguson	Mid-Essex Casuals	6	10:30:00	11:21:45	00:51:45
4	Mike Hayward	Castle Point Joggers	6	10:12:30	11:11:00	00:58:30
5	Ian Hart	Castle Point Joggers	6	10:12:30	11:11:00	00:58:30
6	Graeme Moore	Benfleet Running Club	6	10:08:30	11:12:00	01:03:30
7	David Game	Mid-Essex Casuals	6	10:24:00	11:30:30	01:06:30
8	Nicole Smith	Halstead Road Runners	6	10:15:00	11:21:30	01:06:30
9	Lorraine Garnham	Halstead Road Runners	6	10:15:00	11:21:30	01:06:30
10	Rachel Abbott	Mid-Essex Casuals	6	10:01:30	11:10:30	01:09:00
11	Richard Sirett	Springfield Striders	6	09:25:30	10:37:00	01:11:30
12	Ivan Howlett	Springfield Striders	6	10:09:00	11:22:15	01:13:15
13	Chris Barrow	None	6	10:05:00	11:19:00	01:14:00
14	Alex Barrow	None	6	10:05:00	11:19:00	01:14:00
15	Julia Binstead	Mid-Essex Casuals	6	10:51:00	12:09:00	01:18:00
16	David Spain	Mid-Essex Casuals	6	10:51:00	12:09:00	01:18:00
17	Ian Foskew	Mid-Essex Casuals	6	09:57:00	11:15:20	01:18:20
18	Roger Duffield	Tiptree Road Runners	6	09:57:00	11:15:50	01:18:50
19	Val White	Mid-Essex Casuals	6	10:09:00	11:33:00	01:24:00
20	Melanie Sirett	Springfield Striders	6	09:21:00	10:49:00	01:28:00
21	Wendy Smalley	Mid-Essex Casuals	6	09:21:00	10:49:00	01:28:00
22	Val McCullagh	Castle Point Joggers	6	10:37:30	12:10:00	01:32:30
23	Nick McCullagh	Castle Point Joggers	6	10:37:30	12:10:00	01:32:30
24	Helen Roger-Brown	Hadleigh Hares	6	09:56:30	11:31:00	01:34:30
25	Claire Mortimer	Hadleigh Hares	6	09:56:30	11:31:00	01:34:30
26	Sarah Frost	Halstead Road Runners	6	10:30:00	12:25:40	01:55:40
27	Wes Atkins	Halstead Road Runners	6	10:12:00	12:10:00	01:58:00
28	Laura Atkins	None	6	10:12:00	12:10:00	01:58:00
*	Richard Ballard*	None	6			00:00:00
1	Robert Frost	Halstead Road Runners	9.75	10:30:00	11:42:00	01:12:00
2	Jonathan Cox	None	9.75	10:06:00	11:28:00	01:22:00
3	Jonathan Delahoche	Trail Running Association	9.75	10:06:00	11:28:00	01:22:00
4	Ed Shortridge	None	9.75	10:06:00	11:28:30	01:22:30
5	Adam Howard	Trail Running Association	9.75	10:05:00	11:28:30	01:23:30
6	David Reaves	Mid-Essex Casuals	9.75	10:04:30	11:28:00	01:23:30
7	Phil Davies	Mid-Essex Casuals	9.75	10:22:30	11:46:30	01:24:00
8	Gary Abbott	Mid-Essex Casuals	9.75	10:01:30	11:27:30	01:26:00
9	Lyn Higgs	Mid-Essex Casuals	9.75	10:01:30	11:27:30	01:26:00
10	Ben Cuthbert	Sudbury Joggers	9.75	09:50:30	11:17:40	01:27:10
11	John Carter	Mid-Essex Casuals	9.75	10:01:30	11:32:45	01:31:15
12	Mike Greally	Halstead Road Runners	9.75	10:40:00	12:17:30	01:37:30
13	Benjamin Leeds	None	9.75	10:03:30	11:44:00	01:40:30
14	David Hurley	Mid-Essex Casuals	9.75	10:36:00	12:17:45	01:41:45
15	Sarah Colbert	Springfield Striders	9.75	10:36:00	12:17:45	01:41:45
16	Maxine Stevens	Springfield Striders	9.75	10:12:00	11:54:15	01:42:15

17	Rob Appleby	Mid-Essex Casuals	9.75	10:12:00	11:54:15	01:42:15
18	Richard Taylor	Springfield Striders	9.75	09:55:00	11:37:15	01:42:15
19	Carolienna Cameron	Halstead Road Runners	9.75	10:17:00	12:00:00	01:43:00
20	Malcolm Bailey	Tiptree Road Runners	9.75	10:03:00	11:48:30	01:45:30
21	Jim Slater	Tiptree Road Runners	9.75	10:03:00	11:48:30	01:45:30
22	Yan Stile	Mid-Essex Casuals	9.75	11:02:00	12:48:30	01:46:30
23	Bob Langley	Halstead Road Runners	9.75	10:42:30	12:30:15	01:47:45
24	Julian Catmull	Springfield Striders	9.75	09:28:30	11:16:30	01:48:00
25	Kevin Wright	Springfield Striders	9.75	09:55:00	11:45:00	01:50:00
26	John Sweeney	Castle Point Joggers	9.75	10:15:00	12:07:30	01:52:30
27	Cliff King	Castle Point Joggers	9.75	10:15:00	12:07:30	01:52:30
28	Colin Dunn	Castle Point Joggers	9.75	10:15:00	12:07:30	01:52:30
29	Richard Tiller	Halstead Road Runners	9.75	10:19:00	12:12:30	01:53:30
30	Laurence Hillyard	None	9.75	10:19:00	12:12:30	01:53:30
31	Paul Burgess	Saffron Striders	9.75	10:19:00	12:12:30	01:53:30
32	David Miller	None	9.75	09:26:30	11:21:00	01:54:30
33	Daniela Chirita	None	9.75	09:26:30	11:21:00	01:54:30
34	Jackie Sibthorp	Mid-Essex Casuals	9.75	10:21:00	12:15:30	01:54:30
35	Lorna Pettifer	Mid-Essex Casuals	9.75	10:20:00	12:22:15	02:02:15
36	John Pettifer	Mid-Essex Casuals	9.75	10:20:00	12:22:15	02:02:15
37	Gary Godfrey	Sudbury Joggers	9.75	09:38:00	11:43:45	02:05:45
38	Sandra Rust	Harlow Running Club	9.75	09:38:00	11:43:45	02:05:45

* Not timed